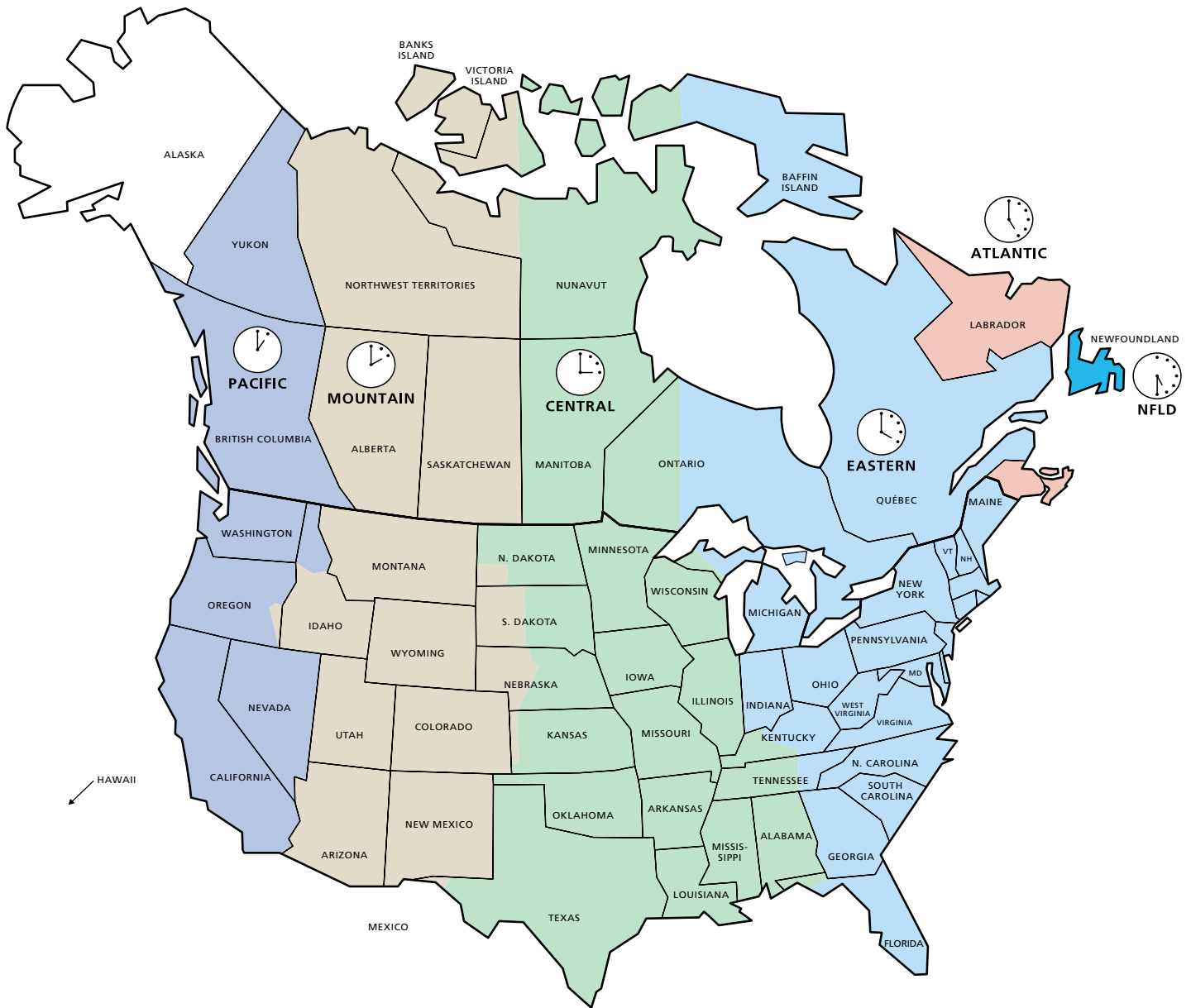


TIME ZONE MAP



TIME ZONE MAP

The clocks on this map illustrate the time zones in effect across North America. When calculating actual time differences between areas, please consider those areas which are on Daylight Saving Time.

FURTHER INFORMATION

Refer to a listing of frequently used Area Codes on pages 62 and 63 of the TBayTel Community Pages.

For area code maps, check these websites:

www.cnac.ca (Canadian Number Administrator)

www.nanpa.com (North American Numbering Plan Administration)